AMI Discharge Planning Process Timeline – Gold Standard

Patient Presentation in ED

Patient Admitted to the ED

Home medications reviewed by medication history specialist and reconciled by provider

Provider completes H&P

Diabetes patients identified

Patient Transferred to a Floor Unit

Admitted to the Hospital

Nursing Background Assessment
- Medication Compliance
- Living situation/ family support
- Hx of DM, PreDM GDM, Insulin pump/ GCM

PAS Assessment
- Insurance status

Provider
- Complete H&P including DM status
- Order dietitian consult

Within 24 hours of Diagnosis

Care Coordination Assessment
- Medication affordability
  - 30 days free cards
  - Financial aid applications
- Resource assessment
  - Query if pt. has PCP. If not, offer referral to county clinic
  - WellStar charity care
  - Community transition program
  - Med supplies assist

Hospitalist Consult
- New DM dx
- DM mgmt. and/or Glycemic control DM inpatient educator consult if uncontrolled

Cardiac Education
- Cardiac education initiated

Pharmacy
- Pharmacy notified of AMI patient admission
- Pharmacy review of medication list

Daily Activities

Daily interdisciplinary rounding
- MD
- APP
- Nurse
- Charge nurse
- Pharmacy
- Care Coordination

Nursing
- Daily ambulation
- Feedback to care coordination

Diabetes Education
- DM videos played at noon and PRN
- Communication of DM dx, daily glycemic control, inpatient and discharge related needs, education

Prior to Discharge

Provider (all AMI patients)
- Complete discharge summary
- Place discharge order
- Educate patients and caregivers on warning signs
- Make follow-up appointment with cardiology to be seen within five days

Nursing
- Review medications with patient/family
- Reviews AVS with patient/family
- Reviews cath site instructions
- For transfers (LTACs, IRUs, etc), provides nurse-to-nurse reports
- TIGR cardiac education videos pre and post cath
- Utilize teach-back

Diet/Nutrition
- Identify modifiable risk factors
- Discuss roles of fats, cholesterol, sodium, fiber, etc.
- Post MI eating guidelines
- Different diet options

Pharmacy
- Review medications list
- Meds to beds for antiplatelets
- Patient to leave with all home meds
- Educate patients on discharge meds - utilize teach-back

Cardiac Educator
- Review AMI signs and symptoms
- Review disease process and recovery
- Review common cardiac mediations
- Discuss risk factor modifications
- Ensure referral placed to cardiac rehab
- Utilize teach-back

Care Coordination
- Charity care: financial assistance completed for self pay where we may be able to cover for 2 wks or 1 month of meds if we do not have a 30 day free card.
- Referral to population health as necessary

Default Orders
- Cardiac rehab
- Heart Matters

DM Related Needs
- Scripts for DM medications, supplies
- Assessment of pt caregiver

Post Discharge F/U Services

Cardiac Educator follow-up for ALL AMI patients (within two days of discharge)
- Initiate cardiac rehab

Heart Failure Clinic (within three days of discharge if heart failure)

APP or MD office visit (within five days of discharge)

Cardiologist Visit (within three weeks of discharge) if has not seen the patient since discharge

Population Health follow-up for PWHP and ACO patients that meet criteria (within 3 days)

Medicare Universal/ Community Health
- Homecare support

DM Related Needs
- DM Mgmt. instructions
- Follow-up w/ PCP and/ or endocrinologist

Home Health

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