SBAR report to physician about a critical situation

Situation
I am calling about <patient name and location>.
The patient’s code status is <code status>.
The problem I am calling about is ______________________
☐ I am afraid the patient is going to arrest.

I have just assessed the patient personally:

Vital signs are: Blood pressure _____/_____, Pulse ______, Respiration_____ and temperature ______

I am concerned about the:
☐ Blood pressure because it is ☐ over 200 or ☐ less than 100 ☐ or 30 mmHg below usual 
☐ Pulse because it is ☐ over 140 or ☐ less than 50
☐ Respiration because it is ☐ less than 5 or ☐ over 40.
☐ Temperature because it is ☐ less than 98 or ☐ over 104.

Background
The patient’s mental status is:
☐ Alert and oriented to person place and time.
☐ Confused and ☐ cooperative or ☐ non-cooperative
☐ Agitated or combative
☐ Lethargic but conversant and able to swallow
☐ Stuporous and not talking clearly and possibly not able to swallow
☐ Comatose. Eyes closed. Not responding to stimulation.

The skin is:
☐ Warm and dry
☐ Pale
☐ Mottled
☐ Diaphoretic
☐ Extremities are cold
☐ Extremities are warm

The patient ☐ is not or ☐ is on oxygen.
☐ The patient has been on ________ (l/min) or (%) oxygen for ______ minutes (hours)
☐ The oximeter is reading _____%
☐ The oximeter does not detect a good pulse and is giving erratic readings.

Assessment
☐ This is what I think the problem is: <say what you think is the problem>
☐ The problem seems to be ☐ cardiac ☐ infection ☐ neurologic ☐ respiratory ☐ ______
☐ I am not sure what the problem is but the patient is deteriorating.
☐ The patient seems to be unstable and may get worse, we need to do something.

Recommendation
I ☐ suggest or ☐ request that you <say what you would like to see done>
☐ transfer the patient to critical care
☐ come to see the patient at this time.
☐ Talk to the patient or family about code status.
☐ Ask the on-call family practice resident to see the patient now.
☐ Ask for a consultant to see the patient now.

Are any tests needed:
☐ Do you need any tests like ☐ CXR, ☐ ABG, ☐ EKG, ☐ CBC, or ☐ BMP?
☐ Others?

If a change in treatment is ordered then ask:
☐ How often do you want vital signs?
☐ How long to you expect this problem will last?
☐ If the patient does not get better when would you want us to call again?