Heart Failure Patient & Family Education Algorithm

**Person Responsible**
- **Admitting RN**
- **Primary RN**
- **Discharging RN**

**On Admission**
- Identify Key Learner & Learning Preference
- Orient Patient & Family
  - Daily weights
  - Low salt diet
  - Fluid restriction
  - Medications
  - Symptoms
- Give Patient Heart Failure Folder

**During Hospitalization**
- Heart Failure Videos
- Review Stop-Light Tool
  - Weight calendar
  - Low salt diet
  - Smoking cessation
  - Survival Skills

**At Discharge**
- Teachback
  - Weights
  - Medications
  - Appointments
  - Activity
- Provide scale and/or pill box
- Document HF discharge instructions

*St. Vincent's Medical Center*