Concurrent review and Patient Education:

- Review daily troponin results
- AMI diagnosis determination
- Validate that guidelines are being met
- Disease Specific Alert is entered
- AMI education and AMI packets
- Monitor Discharge list for AMI discharges so that Med Recs

Decreasing Readmissions
Because elevated troponins can have many causes, patient charts are reviewed to determine reason for admission. If mild elevations in troponins are noted, patients are monitored for R/O AMI.
Disease Specific Alerts

Alerts are entered to notify nurses of AMI patients and the guidelines that must be followed. Communication tool between all facilities.
I-Mobile Communication

I-Mobile is a great way to communicate between nursing, pharmacy, case management and physicians. Texting allows communication without stopping what in the middle to patient care to answer a phone.
Monitor Pending Discharges

The discharge list allows for review of med rec and orders prior to patient discharge to ensure all guidelines are met prior to the patient leaving for home.

### Pending Unconditional Discharges:

<table>
<thead>
<tr>
<th>Location</th>
<th>Room</th>
<th>Physician</th>
<th>DC Order D&amp;T</th>
<th>Patient Wait Time (h:mm)</th>
<th>Discharge To</th>
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<tbody>
<tr>
<td>D.T3FL</td>
<td>D.302-A</td>
<td>McDermott, William Gunner MD</td>
<td>Dec 4, 2017 12:58 PM</td>
<td>1:00</td>
<td>–</td>
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<td>D.T3FL</td>
<td>D.318-A</td>
<td>Meador, Corey Garnett MD</td>
<td>Dec 4, 2017 1:19 PM</td>
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<td>D.T5FL</td>
<td>D.517-A</td>
<td>Dupont, Katharine Cray MD</td>
<td>Dec 4, 2017 8:55 AM</td>
<td>5:03</td>
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<td>D.527-B</td>
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</table>
AMI education is the key to decreasing readmission

Education begins on arrival to the Emergency room and continues through follow up care.

Patient is explained what their diagnosis is to the risk factors modifications that are discussed by each nurse each shift. Education comes with repetition, the more the patients hear the signs and symptoms, risk factors and new lifestyle modifications the more the patient will understand. Nurses also provide education on new medications and how they work and why they are taking them.

Each patient/family member receives an AMI packet on arrival to their unit.

Let the education begin!!
AMI packet includes:

- Signs and symptoms
- Risk factors
- Understanding EF
- Diet information
- Booklet on road to recovery
- Cardiac rehab information
- CPC coordinators contact info
Follow up questions are open ended to ensure patients fully understand their discharge instructions. Follow up calls allow patients to ask questions they may have forgotten to ask in the hospital.

Follow up phone calls

Acute Myocardial Infarction
Telephone Call back Questionnaire

Name ___________________________ Date __________ Time __________

DOB ___________________________ Encounter Number __________

Must speak to primary patient or have specific permission from patient to speak to caregiver instead. Document request/permission of patient and name of person delegated by Patient

All issues must be referred back to the primary health care provider

Number of attempts to reach patient __________

Questions/reminders

1) Can you tell me what your new prescriptions are for, how to take them and the importance of them?
   Yes ☐ No ☐ Comments: ______________________________________

2) Can you explain when to call 911 or your physician regarding signs and symptoms?
   Yes ☐ No ☐ Comments: ______________________________________

3) Can you tell me when your follow up appts are and who they are with?
   Yes ☐ No ☐ Comments: ______________________________________

4) Can you explain some of the important parts of a Cardiac diet?
   Yes ☐ No ☐ Comments: ______________________________________

5) Can you tell me some of the risk factors of a Heart Attack?
   Yes ☐ No ☐ Comments: ______________________________________

6) Can you tell me about Cardiac Rehab?
   Yes ☐ No ☐ Comments: ______________________________________

Any issues/concerns/additional comments: ______________________________________