Project Name:
BMI measured, BMI percentile calculated and appropriate counseling.

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SMART AIM
To provide appropriate counseling to 100% of children with BMI ≥ 85% by December 31, 2017.
Population: patients 3-18 years of age seen in the outpatient pediatric cardiology setting.

GLOBAL AIM
Reduce the prevalence of obesity and its complications in children with heart disease.

KEY DRIVERS
BMI measurement/documentation and BMI percentile calculation
Provider recognition of children with BMI ≥ 85%
Provide appropriate counseling
Documentation of intervention

INTERVENTIONS
Standard vital forms on paper charts/EMR
BMI included in paper chart, Automatic EMR calculation
Restructuring of medical record to include notifications, flags or popups for BMI > 85%
Identify a person in the program to ensure recognition of children with BMI>85%
Patient education and counseling (any health care personnel)
Educational Handouts (weight reduction, diet, exercise)
Referral to dietician or any specialized clinic focused on obesity or co-morbidities
EMR smart phrases, standard documentation templates to allow collection of data

Revision Date:
12/7/2016