# Newark Beth Israel Medical Center Newark, NJ

Rapid Rounds



## Rapid Rounding Objectives

- \* Reduce LOS
- \* Identify high risk for readmission patients
- \* Ensure pathway compliance
- \* Expedite testing and consults
- \* Escalate case management/social issues
- \* Highlight focused on other areas that need to be addressed (Foley catheters, lines, VTE prophylaxis etc.)

## Interdisciplinary Team members

- \* Primary RN
- \* Nurse Manager
- \* Case Management
- \* Social Worker
- \* Physical Therapy
- \* Transition of Care team
- \* Administration
- \* Cardiac Echo manager
- \* Nurse Practitioners

## Team Planning

### PLAN FOR THE DAY

(Primary Nurse)

- Patient's LACE score
- What is keeping the patient in the hospital today?
- What tests/procedures/consults is the patient open for?
- •New symptoms?
- IVFluids/IVMedication?
- What is the Medical Plan of Care?
- •Foley Catheter: Day \_\_?
- Central Line Day \_\_\_\_\_?
- ◆VTE Prophalaxis
- $\bullet Physical/Occupational the rapy order? \\$

### PLAN FOR THE STAY

(Case Management)

- •How long has the patient been here?
- Average length of stay per diagnosis?
- Expected discharge date?
- Delays present?
- Is the patient getting the appropriate level of care?
- Family involvement/concerns

### PLAN FOR THE PAY

(Case Management)

- Authorized days
- Preauthorization pending
- •Tx not covered i.e MRI back for HF admission
- What type of insurance does this patient have?
- What are the finanical barriers to discharge?

### PLAN FOR THE WAY

(Social Work)

- D/C plan
  - Home with services
  - · Post acute facility
  - DME
- Patient/Family concerns
- Patient barriers
- Will the patient be eligible for rehab based on payor status?

### PLAN FOR THE DELAY

(Interdisciplinary)

- Factors contributing to possible readmission in near future?
- Do any tests/procedures need to be escalated?
- Are there gaps in care?

### ■ Newark Beth Israel Medical Center

■ ■ Barnabas Health

## Focused Rounding Checklist

### Focused Rounding

- LACE Score:
- Plan for the day:
- What is keeping the patient in the hospital/medical plan of care?
- What tests/procedures/consults is the patient open for?
- New symptoms?
- IV fluids/IV medication?
- Foley Catheter: Day \_\_\_\_\_\_
- Central Line: Day \_\_\_\_\_
- VTE Prophylaxis
- Physical/Occupational therapy order?
- Cardiac Rehab evaluation?

### Case Management:

- Length of Stay
- > Anticipated Discharge Date

## Rapid Rounds

- \* Process is in pilot phase
- \* Currently done on 2 units
- \* Initiated March 21, 2016
- \* Initially, process took one hour per unit to complete
- \* After one month time reduced to 30 minutes per unit
- \* Escalation of delays are reviewed daily regarding status
- Daily follow through of pending issues
- \* Plan to roll out house-wide if successful